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| lyslogo**Psychotherapist****Job Description** |
|  **Function:** | Provide psychotherapy and other supports to young people in Limerick who present with mild to moderate behavioural and/or emotional issues  |
|  **Location:** | This post will be based in one of the Limerick Youth Service hubs with outreach throughout Limerick as appropriate.  |
|  **Liaising with:** | Referral agencies, Limerick Youth Service staff, volunteers, young people and parents  |
|  **Reporting to:** |  Line Manager |
| **Primary Duties and****Responsibilities** |  **Young People:*** Provide a professional psychotherapy service to young people in Limerick City and county who present with mild to moderate behavioural and or/emotional issues.
* Provide young people presenting with psychological distress with the supports needed to fulfill their potential and cope with the challenges they face
* Build relationships with clients using the Limerick Youth Service Models of Therapy which is grounded in a Strengths based approach
* Be able to support young people who are involved in substance and alcohol misuse through evidence-based approaches.
* Identify those individuals who are at risk of immediate harm & require other sources of help and assist in engaging them in appropriate statutory services
* Refer young people as necessary in conjunction with the Organisations Safeguarding policy
* Support the individual to make positive choices in their life through evidence-based psychotherapy approaches including the strengths-based counselling approach as already listed.
* Provide evidence-based programmes to young people in group work settings

**Communication** * Develop appropriate professional relationships with young people and parent/guardian
* Establish a relationship of trust and respect with individuals through a hybrid approach to deliver (online/face to face or both)
* Liaise and maintain appropriate contact with staff and external agencies as required to deliver effective responses in accordance with need.
* To attend and participate in meetings internal and external as may be required for the purpose of sharing and gathering information.
* Work in close collaboration with other BE WELL team members and ensure the provision of a wraparound service for young people

**Record Keeping*** Maintain safe, accurate and up to date records and report as required.
* Be proficient in COREOM or other such psychological based tools.
* General computer literacy in packages such as office365 will be required.

**General** * Adhere to all policies and procedures of the Organisation
* Partake in staff training & attend supervision as required.
* Carry out such other related tasks as may be assigned from time to time in consultation with Line Manager.
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|  **Hours of Work** | 35 hours per week to include some evenings |
|  **Salary**  | Commensurate with experience:  |

*Please note Limerick Youth Service reserves the right to reasonably alter the above criteria.*